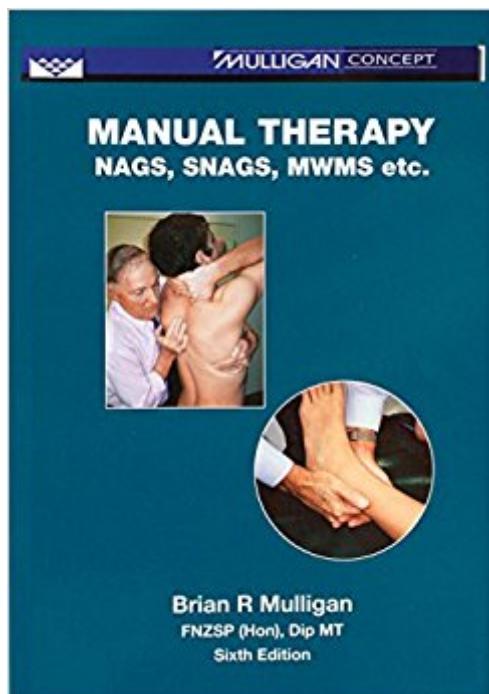


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# Manual Therapy: Nags, Snags, MWMS, Etc - 6th Edition (853-6)



## Synopsis

This sixth edition text contains revised information including Mobilisations with Movement (MWMs) for the shoulder girdle. When applied correctly, they can significantly reduce joint pain and increase movement. They're also highly effective treatments for patients with pain or stiffness of Cx 5/6 and Cx 6/7 origin. This book is a must for physical therapists working in the musculoskeletal field. Written by one of the world's foremost experts of manual therapy, Brian Mulligan. Illustrated. Softcover; 132 pages.

## Book Information

Perfect Paperback: 132 pages

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## Customer Reviews

Brian Mulligan, FNZSP, Dip MT Brian originated and developed the concept of combining accessory mobilizations with physiological movements in the extremities (MWMs). In the spine, he promotes the use of natural apophyseal glides (NAGs) and sustained natural apophyseal glides (SNAGs). Brian Mulligan received a prestigious "International Service to the Profession Award" from the WCPT and has been an international lecturer in manual therapy since 1972.

The book was difficult to read. It is written as if he was speaking. When you take a course and use the course in conjunction with the book, it makes more sense. I gave it 5 stars due to the fact that you will have positive clinical outcomes implementing the techniques on your patients. The asterisk being you need to take the courses to really understand the book.

Book content great, quality of the book horrible. I had to take it to Office Depot and have them put a spiral binder on it after opening the book only once. I went to the class and other people in the class recommended the addition of the spiral binder.

I have taken a class taught by Brain Mulligan many years ago. I have since misplaced my handbook and ordered the newer edition. It is a great reference tool for performing Mulligan techniques. I felt lost without it!

I haven't had time to full read through this new version, but from a scan it seems to have more pictures, more techniques and better explanations. I think this book is a must have for all manual therapists as an alternative series of techniques from some of the standard linear translatory glide books.

This book is perfect for a student in physical therapy school, I am learning so much from reading this book!

Book is a very small handbook, I would recommend buying the textbook for the extra \$30.

Perfect. Thank's.

As a physical therapist I am always seeking to increase my knowledge. This book was a good buy. The Mulligan approach has provided me with more treatment tools. It has me thinking outside the box in regards to rehabilitating my clients.

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